

## Healthy Cafes and Restaurants



Here is a list of our favourite healthy cafes and restaurants in Perth.

### **Coffee**

Blink	Fremantle
Breaks	Fremantle
Hush Espresso	Fremantle
Harper's Food Market	O'Connor
Little Lefroy's	South Fremantle
Ootong & Lincoln	South Fremantle
Delicious Fingers	Melville
Blend Cafe	Melville
Jessie's Cafe	Myaree
Cranked	Leederville
Cafe Lumos	White Gum Valley

### **Breakfast, Lunch, Dinner (not all open for dinner)**

The Organic Circle	Armadale
The Cool Room	East Fremantle
Perth City Farm	East Perth
Moore and Moore	Fremantle
Ootong and Lincoln	Fremantle
Two Rubens Espresso	Fremantle
Delicious Fingers	Fremantle
Juicy Beetroot	Fremantle
The Raw Kitchen	Fremantle
Breaks	Fremantle
Yocal	Fremantle
Manna Wholefoods	Fremantle
Missy Moo's Gourmet Burger Bar	Fremantle
Jac and the Bean	Fremantle
Soul Tree Organic Cafe	Glen Forest
Dunn & Walton	Gwelup
Solomon's Café	Highgate
Source Foods Eco Cafe	Highgate
The Green Bean Store and Cafe	Lathlain
Sayers Food	Leederville
Cafe Denada	Mt Pleseant
Veggie Mama	Mt Lawley
Kinfolk Cafe and Wholefoods	Mundaring
CNR Kitchen	Northbridge
Flora & Fauna Cafe	Northbridge
Little Bird Cafe	Northbridge
Short Black Sheep	North Fremantle
Panache Cafe	Perth
The Wolf, The Bean, The Walnut	Perth

## Healthy Cafes and Restaurants



Genesis in the Hills	Roleystone
Health Freak Cafe	Subiaco & Scarborough
Eden's Salad Bar	Subiaco
Yelo	Trigg
The Pearfect Pantry	Wembley
Piccolo's Corner	West Leederville

When we say these cafes/restaurants are "healthy", we mean they provide lots of healthy options like fresh salads, smoothie's, juices etc, not every single thing they offer is necessarily healthy!

If you have any other suggestions, please let us know and we can add it to the list 😊